



Our Lady of Sorrows

Ant. There stood by the cross of Jesus His Mother and His Mother's sister, Mary of Cleophas, and Salome and Mary Magdalen.

V. Woman behold thy son.

R. Son, behold thy mother.

Let us pray,

O God, at Whose Passion, according to the prophecy of holy Simeon, a sword of grief pierced the most sweet soul of glorious Mary, virgin and mother, grant in Thy mercy that we who honor the memory of her sorrows may obtain the happy fruit of Thy sufferings. Who livest and reignest, world without end. Amen.

Prayers in Honor of the Seven Sorrows of Mary

V. Incline unto my aid, O God.

R. O Lord, make haste to help me.

Glory be to the Father, ect.

1. O most sorrowful Mary, I compassionate thee, in the grief thy tender heart underwent when the holy old man Simeon prophesied to thee. Dear Mother, through afflicted heart obtain for me the virtue of humility and the gift of the holy fear of God.

Hail Mary, ect

2. O most sorrowful Mary, I compassionate those afflictions which thy most sensitive heart endured during the flight into Egypt and the dwelling there. O beloved Mother, by that afflicted heart obtain for me the virtue of liberality, especially toward the poor, and the gift of piety.

Hail Mary, ect.

3. O most sorrowful Mary, I compassionate that intense distress which thine anxious heart experienced in the loss of thy dearest Jesus. O beloved Mother, by that deeply troubled heart obtain for me the virtue of chastity and the gift of knowledge.

Hail Mary, ect.

4. O most sorrowful Mary, I compassionate the consternation which thy maternal heart experienced when thou didst meet Jesus bearing His cross. O beloved Mother, by that deep distress of thy tender heart, obtain for me the virtue of patience and the gift of fortitude.

Hail Mary, ect.

5. O most sorrowful Mary, I compassionate that martyrdom which thy generous heart endured in witnessing the last agony of Jesus. O beloved Mother, by that martyred heart obtain for me the virtue of temperance and the gift of counsel.

Hail Mary, ect.

6. O most sorrowful Mary, I compassionate that wound which thy mournful heart endured from the lance which tore the side of Jesus and wounded His most lovely Heart. O beloved Mother, by thy heart then pierced through, obtain for me the virtue of fraternal charity and the gift of understanding.

Hail Mary, ect.

7. O most sorrowful Mary, I compassionate thee, for the anguish felt by thy loving heart when Jesus' body was laid in the sepulcher. Dear Mother, by all the bitterness of desolation thou didst then know, obtain for me the virtue of diligence and the gift of wisdom.

Hail Mary, ect.

V. Pray for us, most sorrowful Mother.

R. That we may be worthy of the promises of Christ.

Let us Pray

Grant. We beseech Thee, O Lord Jesus Christ, that the most Blessed Virgin Mary, Thy Mother, may intercede for us before the throne of Thy mercy, now, and at the hour of our death; through whose most holy soul in the hour of

Thine own Passion the sword of sorrow passed. Through Thee, Jesus Christ, Saviour of the world, who livest and reignest with the Father and the Holy Ghost forever and ever. Amen.

(Indulgence of 300 days. – Pius VII. January 14, 1815)

Short Prayer to the Blessed Virgin Mary in Her Desolation

Hail, Mary, full of sorrows, the Crucified is with thee; tearful art thou amongst women, and tearful is the fruit of thy womb, Jesus. Holy Mary, Mother of the crucified, give tears to us, crucifiers of thy Son, now at the hour of our death. Amen.

***Seven Graces from Our Lady of Sorrows**

The Blessed Virgin Mary will bless the souls who meditate on her seven sorrows.

1. I will grant peace to their families.
2. They will be enlightened about divine mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with infernal enemy and I will protect them at every instant of their lives.
6. I will visibly help them at the moment of their death, they will see the face of their Mother.
7. I have obtained (This Grace) from my divine Son, that those who propagate this devotion to my tears and dolours, will be taken directly from this earthly life to eternal happiness.

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